

From the Fathers (and others):

When a man begins to train himself in keeping silent, silence to him seems to be lesser than speech; but when he is trained in silence then he knows that speech is lesser than silence.

St. Nicholai of Zica

Give yourself up entirely to God's providence, to the Lord's Will, and do not grieve at losing anything material, nor in general at the loss of visible things; do not rejoice at gain but let your only and constant joy be to win the Lord Himself.

St. John of Kronstadt

A monk said to St. Sisoies: "I would like to preserve my heart but I cannot," to which the elder responded: "How can we preserve the heart when the gate to our heart, the tongue stands open?"

If you wish to find out whether you are addicted to the passion of gluttony, you can find out in the following manner. If food captures your thought (so that you cannot resist it) - you are a glutton. If you are not possessed by it and partake freely of all kinds of food to the extent your body requires it, you are not a glutton.

Sts. Barsanuphius and John

Remain constantly before His face, think of Him, remember Him in your heart. Otherwise, if you only meet Him from time to time, you risk losing your close friendship with Him. Familiarity with God is built on meditation and self-abandonment to Him during prayer.

St. Isaac the Syrian

When Grace approaches a person, it does not change his nature, but it fills and overfills -- as much as each person's vessel can hold --the same natural properties and good attributes with which his nature is endowed. Also it can reduce and remove natural weaknesses.

Elder Joseph the Hesychast

As the salvation of our souls is not gained solely by fasting, let us fill what is wanting in our fasting with almsgiving to the poor. Let us give to virtue what we take from pleasure. Let the abstinence of the man who fasts be the dinner of the poor man.

St. Leo of Rome

St. John Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America



~ July 15, 2018 ~
Sunday of the Holy Fathers of the Fourth
Ecumenical Council

ST. JOHN ORTHODOX CHURCH
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MEMPHIS, TN 38107
(901) 274-4119

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His Eminence Metropolitan JOSEPH
Archbishop of New York and Metropolitan of all North America
His Grace Bishop NICHOLAS

Auxiliary Bishop of the Diocese of Miami and the Southeast

V. Rev. Fr. Philip Rogers
Pastor

V. Rev. Fr. Basil Cushman
Associate Pastor

V. Rev. Fr. John Troy Mashburn, Jr.
Pastor Emeritus

Rev. Fr. Alexander Mackoul
Assistant Pastor

V. Rev. Fr. Donald Berge
Attached

GREAT VESPERS
Saturday, 6:00 p.m.

ORTHROS and CHURCH SCHOOL
Sunday, 9:00 a.m.

DIVINE LITURGY
Sunday, 10:00 a.m.

Antiochian Orthodox Christian Archdiocese of North America
“...the Disciples were called Christians first in Antioch!”
Acts 11:26

Sunday of the Holy Fathers of the Fourth Ecumenical Council

Epistle: Titus 3:8-15

Gospel: Matthew 5:14-19

The Holy Bread for Eucharist is offered by **Judy Terry**.

Welcome to all those visiting St. John Orthodox Church. We are honored by your presence.

It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church.

If you are from a non-Orthodox background you may see new things such as icons, incense, the sign of the cross, the veneration of saints, and a great deal of standing. These can be perplexing to the uninitiated eye. Rest assured that everything we do has a solid biblical foundation and a long history among Christian people. Please feel free to participate where you feel comfortable and feel equally as free only to observe when you prefer.

The Orthodox Church understands the Eucharist, or Lord's Supper, to be – among other things – the paramount expression of Christian unity. While it is our deepest hope that Christendom will one day fulfill Christ's desire for true unity among all those who claim His name (John 17:21), the unfortunate reality of our day is that the various segments of Christendom are not unified with the historic Orthodox faith. *Since participation in the Eucharist expresses a unity with all the dogma and practice of the Orthodox Church, non-Orthodox guests do not receive Holy Communion.* The Holy Eucharist is reserved for those members of the Orthodox Church who have prepared themselves by prayer, fasting, and recent confession. All visitors and unprepared Orthodox are invited to partake of the blessed bread as they come forward to venerate the cross at the end of the Liturgy. Thank you for your understanding.

ST. JOHN CALENDAR

July 15-22 (Wed. & Fri. Fast)

Sunday -
Monday -First Hour, 6:45 a.m.
-Pool Party, 7:00 – 9:00 p.m.
Tuesday -Third Hour, 9:00 a.m.
Wednesday -Third Hour, 9:00 a.m.
-Vespers, 5:30 p.m.
Thursday -Third Hour, 9:00 a.m.
-Men's Quarterly Dinner, 6:30 p.m. at Central BBQ on Summer
Friday -First Hour, 6:45 a.m.
-Third Hour, 9:00 a.m.
-Sixth Hour, 12:00 p.m.
Saturday -Ninth Hour and Great Vespers, 5:50 p.m.
-Going Away Dinner for the Mackouls following Vespers
Sunday -**Orthros, 9:00 a.m.**
-**Divine Liturgy, 10:00 a.m.**

JULY AT ST. JOHN

16 Pool Party, 7:00 – 9:00 p.m.
19 Men's Quarterly Dinner, 6:30 p.m.
21 Going away dinner for Fr. Alex and Kh. Amanda
22 Fr. Alex's final Sunday at St. John
23-27 Summer Atrium!
29 FOCUS Backpacks returned to St. John

DIVINE LITURGY

Sunday, July 22, 10:00 a.m.

PRIEST: Fr. Alex
READER: Matt Spinolo
HOLY BREAD: Lavinia Dumitrache
USHER: Matt Spinolo
ALTAR SERVERS:
COFFEE HOUR: Sh. Margaret McKelroy, JonMark & Heather Hetrick

COMMEMORATIONS

July 15: Martyrs Kyrikos and his mother Julietta of Tarsus; Great Prince Vladimir (Basil) of Kiev, equal-to-the-Apostles.

July 16: Hieromartyr Athenogenes, bishop of Herakleopolis; the 15,000 martyrs of Pisidia.

July 17: Great-martyr Marina of Antioch in Pisidia; Venerable-Irenarchos of Solovskiy.

July 18: Martyr Emilianos of Silistria in Bulgaria; John, metropolitan of Chalcedon; Stephen, patriarch of Constantinople.

July 19: Venerable Macrina, sister of St. Basil the Great; Venerable Dios of Antioch; Theodore, archbishop of Ephesos; uncovering of the relics of Venerable Seraphim of Sarov; Stephen Lazarevic.

July 20: Prophet Elijah (Elias); Righteous Iliya Chavchavadze of Georgia.

July 21: Venerable Simeon of Homs, fool-for-Christ; John and Parthenios, bishop of Radovizlios; Venerable Arta; Martyr Victor of Marseilles.

July 22: Mary Magdalene, myrrh-bearer and equal-to-the-Apostles; Virgin-martyr Markella of Chios.



DAILY SCRIPTURE READINGS

July 15 - 22

Sunday	Titus	3:8-15	Matt	5:14-19
Monday	1 Cor	9:13-18	Matt	16:1-6
Tuesday	Galatians	3:23-29, 4:1-5	Mark	5:24-34
Wednesday	1 Cor	10:12-22	Matt	16:20-24
Thursday	1 Cor	10:28-33, 11:1-8	Matt	16:24-28
Friday	James	5:10-20	Luke	4:22-30
Saturday	Romans	13:1-10	Matt	12:30-37
Sunday	1 Cor	1:10-17	Matt	14:14-22



Please remember in your prayers - Mary Clark, Ann Hicks (Dianna Hildebrand’s mother), Nicholas Hill, Anne Katherine Vanlandingham (pregnant), Janna Knight (pregnant), Katherine Verbist (pregnant), Ernestine Pruitt (Nicholas Hill’s mother), Dot Lawson (Pam Bowick’s mother & Lawson’s grandmother), Lisa Catlett (Fr. Don & Kh. Martha’s daughter), Anna Grace (Joyce Grossman’s granddaughter), Sharon (Larry Ichniowski’s mother), Chris Hodges, those suffering in the Middle East, most especially the Christians.



ST. JOHN COMMUNITY



Wednesday Evening at St. John – We will pray Vespers at 5:30 p.m. as usual. However, due to the acoustic panel work being done in St. Raphael Hall, we will not have dinner or any other activities following Vespers.

Catechumen/Inquirers Class will next meet on Tuesday, July 24th at 7:00 p.m. We will continue our discussion of the Lord’s Prayer.

Summer Atrium – Please remember to turn in your registration forms downstairs or to the office.

Parish Council Nominations - It is once again time for our parishioners to recommend new members for the parish council. We would like to thank our outgoing members for their dedication and hard work for our community: Dan O’Brien, Christine McGee, Anne Dugan, Keith Parker, and Fr. Alex.

Recommendation forms can be found downstairs in the parish hall. Please list 3 recommendations in order of preference and return this form to the office or place it in the offering plate or the envelope in the parish hall. Current parish council members who will continue through next year are: **Fr. Philip and Melissa White.**

To remind everyone, the council has 7 members. The clergy select one from their midst to represent them. The remaining members are appointed by the pastor for two-year terms which are staggered.

IOCC at Annunciation GOA - July 29, Annunciation will host Lou Zagami, a development director for IOCC. He'll share about his work and the wonderful work of the organization. He'll be speaking in the church following the Divine Liturgy and will be available afterward to answer questions.

Coffee Hour & Wednesday Night Pick Up – The dates for 3rd quarter coffee hour are posted on the white board in the hall and online (link on website under Parish – Online Sign Ups. Please take a look and fill up the empty spots!

Wednesday nights are online. As of Friday, this is the 2nd consecutive quarter that no one has signed up to pick up Wednesday dinner. If you are a regular on Wednesday nights, *please* consider picking up the meal.

MEN OF ST. JOHN:

Quarterly Men’s Dinner – The Men of St. John will meet for their quarterly fellowship dinner at Central BBQ on Summer Ave. on Thursday, July 19th at 6:30 p.m. All men are welcome!

The Sons of Thunder Men's Book Club will meet at Dcn. James Elliott's home on Sunday, July 29th at 6pm. They will be reading *One Day in the Life of Ivan Denisovich* by Alexander Solzhenitsyn. All men are welcome.

Parish Council Update

St John is an extraordinarily vibrant and active community! Thank God! Each week there is quite a bit going on. With so much happening, it is easy to lose track of the different pieces of the puzzle. In an effort to keep a clear focus of the mission of the Church, the Parish Council has put together a survey. The purpose of the survey is to gauge where we are as a parish and to help lay the groundwork for where we would like to be in the years ahead. An email was sent out this past week with a link. The link can also be found on the St. John website under Parish-Online Sign Ups. Please, take a few moments to prayerfully respond to the survey. All responses will be anonymous. Thank you for your love, care and concern for this wonderful community!

Women of St. John Calendar

Aug. 9 Women's Teaching - 10:00 a.m.
Sept. 10 AWSJ Book Club – 7:00 p.m., Kh. Pamela's home. We will be discussing *Towers in the Mist* by Elizabeth Goudge

Birthdays, Anniversaries, & Namedays

Sunday, 7/15: Joanna Spinolo
St. Vladimir the Great: Vladimir Drobashevsky

Monday, 7/16: Nawar Mansour
St. Julia of Carthage: Julia Spinolo, Julia Alissandratos

Tuesday, 7/17: Chris Utley

Wednesday, 7/18: Max Wallace
Anniversary: Bill & Jennifer Stanek

Thursday, 7/19: *St. Macrina: Sh. Corinne Elliott*

Friday, 7/20: *Prophet Elijah: Eli White, Eli Steele, Elliott Longa, Elijah Hetrick*
St. Maria of Paris: Wendy Weatherall, Marissa Kizer



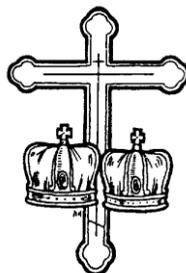
The Parishioners of St. John are cordially invited to the

Sacrament of Holy Matrimony for

Irene Hodges and Tyler Kelley

Saturday, August 18th at 4:00 p.m.

(Reception by invitation only)



Library Lines

Today we commemorate the Fathers of the first six Ecumenical Councils. St. Gregory the Theologian says that, "The Church, in expounding its dogmas, is dealing with the concerns of a given historical moment, ..." They were always convened to address heresies. The canons form the base of *The Rudder*, the guidebook for Church practice. These Holy meetings express the Church's authority based on what the Church has believed everywhere, by everyone, and for all time. They were attended by priests, bishops, and representatives from all local churches. According to the OCA website, the seventh is not included showing us the "antiquity of today's celebration." Every Council also has its own feast day. Read more about them in *The Church of the Ancient Councils* (HIS LHU), *The First Seven Ecumenical Councils* (HIS DAV), *Living Tradition* (CAT GEN MEY), and *The Oecumenical Synods of the Orthodox Church* (HIS THO).

Prince Vladimir (7/15), the Baptizer of Russia is the grandson of St. Olga, honored last week. He began the unification of Slavic lands, and St. Hilarion referred to him as an apostolic sovereign like St. Constantine. Our library owns these children's books on St. Olga and Prince Vladimir, respectively: *Halia's Wooden Cross* (KID STS OLH) and *Peace at Last* (KID STS VLA).

We also commemorate today another Christian family. The widow, St. Julitta and her son Cyricus (7/15) were arrested and persecuted under the reign of Emperor Diocletian. The governor of the city held the three-year-old boy while his mother was tortured in front of him. When he cried out that he was a Christian too, the governor threw him down on the ground and kicked him. Julitta thanked God that her son died before her. She was beheaded after receiving more tortures. Their relics were discovered during the reign of St. Constantine; we pray for their intercession for harmony in our families and for healing of sick children. Read more about them in *Victories of the Saints* (HAG - - - YOU).

We honor many pious and influential women saints in July. St. Marina, honored July 17, was a pious virgin who lived during Emperor Diocletian's reign. At age fifteen she was disowned by her father for being a Christian and was imprisoned and tortured. Many people confessed Christ as they witnessed the miraculous healing of her wounds after being burned and beaten. She finally was beheaded along with those who believed in Christ because of her faith. See her story in "Great Martyr Marina" in *Orthodox America*, issue 117, July-August 1992, p. 8.

St. Macrina's feast day is Wednesday (7/19). She was a beacon of light to her entire family including her siblings, Sts. Basil the Great and Gregory of Nyssa. Like the Theotokos, she was betrothed but never married. She cared for her widowed mother's physical needs and was a standard of asceticism for her. Look for more about her in *Keeper of the Light: St. Macrina the Elder, Grandmother of Saints* (KID STS MAC) and in "Saint Macrina: The Teacher" in *Orthodox America*, issue 141, July 1996, p. 8.

The Prophet Elijah (7/20) is one of the most colorful characters in the Scriptures, his influence present in the Old and New Testaments. He was born in the tribe of Levi and served God from his youth. King Ahab and his wife, Jezebel, led Israel into idol worship and did not repent. So, the prophet foretold a severe drought for nation. In three years, Elijah slew the pagan priests and prayed to God for rain. The land was quenched; Ahab acknowledged the true God, but Jezebel did not. Because Elijah was a shining zealot for God, he was taken up into Heaven in a fiery chariot. He is shown to us again conversing with Christ at the Transfiguration. We ask his intercessions for clement weather and relief from drought. Children may read about him in *The Story of Elijah* (KID STS ELI), *The Transfiguration of Our Lord* (KID CHU ELA), and *Christina's Favorite Saints* (KID STS KHO).